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## Dark triad personality test

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The licensor cannot revoke these freedoms as long as you follow the license terms. Attribution – You must give appropriate credit , provide a link to the license, and indicate if changes were made . You may do so in any reasonable manner, but not in any way that suggests the licensor endorses you or your use. ShareAlike – If you remix, transform, or build upon the material, you must distribute your contributions under the same license as the original. No additional restrictions – You may not apply legal terms or technological measures that legally restrict others from doing anything the license permits. You do not have to comply with the license for elements of the material in the public domain or where your use is permitted by an applicable exception or limitation . No warranties are given. The license may not give you all of the permissions necessary for your intended use. For example, other rights such as publicity, privacy, or moral rights may limit how you use the material. Open-Source Psychometrics Project Let's begin! You find a wallet with money on the street. What do you do? Keep it all for myself. Take a little and turn it in to the police. Buy something nice and donate the rest. Ask people around if it's theirs and return it. Turn it in without taking anything. None of these You're at a party. What's your preferred role? Quietly enjoy conversations with a few close friends. Help the host and make sure everyone's having a good time. Social butterfly, mingling with everyone. None of these Plotting my next move behind the scenes. Life of the party, of course! How do you handle criticism? Reflect on it and work on self-improvement. None of these Turn it into a self-improvement project and share my growth. I don't. I'm perfect! Use it to manipulate situations in my favor. Take it personally but try to learn from it. What's your approach to problem-solving? I let others solve my problems. I'm too important for that. Bend the rules to get the job done. Seek input from others and collaborate on solutions. Analyze the situation and find the most efficient solution. None of these I'll tackle any problem head-on with compassion and determination. What's your reaction to someone's success? Support and genuinely celebrate their success. Plot how to use their success to your advantage. Congratulate them and offer to celebrate their success together. Envy and try to one-up them. Feel inspired and work harder on your own goals. None of these You witness an injustice. What's your immediate reaction? Step in and stand up for what's right. Use it as an opportunity for personal gain. Why bother? It's not my problem. None of these Mobilize a group to address the injustice and make a difference. Intervene only if it benefits you in some way. How do you feel about rules and authority? Rules are important, and I strive to improve them for the greater good. I follow the rules when they suit me, but I'll bend them if needed. Respect and follow rules because they keep society in order. Rules are for fools. I make my own way. None of these Rules? I'm above them! Your friend is going through a tough time. How do you support them? Listen, empathize, and be there for them. Give unwavering support and help them get back on their feet. Help them with their problems but expect something in return. I'm too busy with my own life to help. Offer some advice but don't get too involved. None of these How do you handle a disagreement with a loved one? Compromise to maintain harmony. I always have to be right and win the argument. None of these Work through it together to strengthen the bond. Seek to understand their perspective and find a resolution together. Use it as an opportunity to gain an upper hand in the relationship. What's your view on charity and giving back? None of these Why waste money on others? I need it more! Donate occasionally when it's convenient. Use charitable acts for personal gain and reputation. Regularly contribute to charitable causes, but it's a personal matter. Dedicate a significant part of your life to helping others and making the world a better place. How do you approach online dating? Seek a deep connection and meaningful relationships. Use it as a game to manipulate people and get what you want. Date casually and see what happens. I'm only looking for someone to boost my ego and show off. Believe in love and are genuinely looking for a life partner. None of these What's your approach to work and career? I'm in it for the fame and fortune, nothing less! None of these Contribute to the greater good through your work, no matter the recognition. Work hard but always look for opportunities to advance. Use your charm and manipulation to climb the corporate ladder. Make a meaningful impact on the world through your career. How do you react to someone in need on the street? Give them some spare change and continue on your way. Consider how you can exploit their situation for personal gain. Engage in a conversation, offer help, or buy them a meal. Walk past them without a second thought. Make it your mission to improve their life and the lives of others on the street. None of these What's your ideal vacation? An eco-conscious escape that benefits the environment and local community. A secret hideaway where I can scheme in peace. A luxury resort where everyone adores me. A mix of adventure and relaxation, exploring new places. Volunteering abroad to make a positive impact. None of these You come across a hidden treasure. What's your plan? Leverage the treasure to manipulate people and situations. None of these Return it to its rightful owner, no questions asked. Donate a significant part to causes you care about and share the wealth. Take a portion and use it wisely for your benefit. Keep it all and revel in your newfound riches. How do you handle betrayal by a close friend? Forgive and work on rebuilding the friendship. Feel hurt but try to understand their perspective. See it as an opportunity to strengthen your bonds with others. None of these Use their betrayal to your advantage in the long run. Plot revenge and cut them off completely. How do you react when you achieve a personal goal? Share your knowledge and inspire others to achieve their goals. Share your success with loved ones and express gratitude. Celebrate quietly and move on to the next goal. Brag about it and expect praise from everyone. None of these Use it as leverage for future gains and recognition. You witness someone being treated unfairly at work. What do you do? Ignore it; it's not your problem. Organize a campaign for fairness and equality in the workplace. None of these Raise the issue discreetly but avoid confrontation. Use the situation to your advantage for career progression. Speak up and support the person facing unfair treatment. Just one more question after this! How do you handle unexpected setbacks in life? Turn it into a chance to grow and help others facing similar setbacks. Blame others and dwell on the misfortune. None of these Adapt, learn from it, and move forward. Seek support and encouragement from friends and family. Use it as an opportunity to manipulate a better outcome. And finally, you discover a secret that could ruin someone's reputation. What's your initial reaction? Choose not to disclose it and instead focus on doing good for others. Share the secret to gain attention and social currency. None of these Leverage the secret for personal gain or to manipulate them. Respect their privacy and keep the secret locked away. Keep the secret but stay watchful for opportunities to use it in the future. Page 2Let's begin! You find a wallet with money on the street. What do you do? Keep it all for myself. Take a little and turn it in to the police. Buy something nice and donate the rest. Ask people around if it's theirs and return it. Turn it in without taking anything. None of these You're at a party. What's your preferred role? Quietly enjoy conversations with a few close friends. Help the host and make sure everyone's having a good time. Social butterfly, mingling with everyone. None of these Plotting my next move behind the scenes. Life of the party, of course! How do you handle criticism? Reflect on it and work on self-improvement. None of these Turn it into a self-improvement project and share my growth. I don't. I'm perfect! Use it to manipulate situations in my favor. Take it personally but try to learn from it. What's your approach to problem-solving? I let others solve my problems. I'm too important for that. Bend the rules to get the job done. Seek input from others and collaborate on solutions. Analyze the situation and find the most efficient solution. None of these I'll tackle any problem head-on with compassion and determination. What's your reaction to someone's success? 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How do you react when you achieve a personal goal? Share your knowledge and inspire others to achieve their goals. Share your success with loved ones and express gratitude. Celebrate quietly and move on to the next goal. Brag about it and expect praise from everyone. None of these Use it as leverage for future gains and recognition. You witness someone being treated unfairly at work. What do you do? Ignore it; it's not your problem. Organize a campaign for fairness and equality in the workplace. None of these Raise the issue discreetly but avoid confrontation. Use the situation to your advantage for career progression. Speak up and support the person facing unfair treatment. Just one more question after this! How do you handle unexpected setbacks in life? Turn it into a chance to grow and help others facing similar setbacks. Blame others and dwell on the misfortune. None of these Adapt, learn from it, and move forward. Seek support and encouragement from friends and family. Use it as an opportunity to manipulate a better outcome. And finally, you discover a secret that could ruin someone's reputation. What's your initial reaction? Choose not to disclose it and instead focus on doing good for others. Share the secret to gain attention and social currency. None of these Leverage the secret for personal gain or to manipulate them. Respect their privacy and keep the secret locked away. Keep the secret but stay watchful for opportunities to use it in the future. Page 3The Dark Triad is a personality inventory that explores the socially undesirable traits of Narcissism, Machiavellianism, and Psychopathy. The Dark Triad test is often used by police and the courts, in psychiatric wards and evaluations, and even in big corporations. Studies have shown that people who score high on the Dark Triad are more likely to commit crimes or get in trouble with the law and also more likely to cause social distress among their friends or problems for their workplace. On the other hand, studies have also shown that Dark Triad individuals are often perceived as possessing leadership qualities and that they have high social status and comparative ease of attaining desirable sex partners. The CT-DT3© is not the equivalent of the SD3© (Short Dark Triad). The CT-DT3© is the property of IDR Labs International. The SD3© is the property of Daniel N. Jones, Delroy L. Paulhus, and the 'Assessment' Journal, as published by Sage, which focuses on articles advancing clinical assessment science and practice. The three socially dark characteristics of Machiavellianism, Narcissism, and Psychopathy are often conceptualized as three interrelated traits known collectively as the Dark Triad. This test aims to measure the respondent's Dark Triad traits according to brief and easy-to-answer test items that nevertheless provide an accurate measure for the individual's Dark Triad traits. Numerous peer-reviewed studies (see references on the result page) were analyzed and used to determine the structure of this test, as well as the benchmarks and population averages used. Together, these studies inform the theoretical and methodical background of the CT-DT3©, yielding dependable and substantial measures of the Dark Triad traits. Although both are designed to measure Dark Triad traits, the CT-DT3© should not be confused with the SD3©, as authored by Daniel N. Jones and Delroy L. Paulhus. However, both are professionally-designed personality tests (or inventories) meant for measuring traits pertaining to the dark personality triad of Narcissism, Machiavellianism, and Psychopathy. The CT-DT3© is the property of IDR Labs International. The SD3© (Short Dark Triad) is the property of Daniel N. Jones, Delroy L. Paulhus, and the 'Assessment' psychological Journal. The authors of this online personality test are certified in the use of multiple personality tests and have worked professionally with typology and personality testing. The results of our online Dark Triad personality test are provided for educational purposes only, solely "as-is," and should not be construed as providing professional or certified advice of any kind. For more on our online personality test, please consult our Terms of Service. Have you ever heard of a personality test titled "The Dark Triad"? Sounds a bit evil, right? When people take personality tests, the results are typically positive or neutral. There is nothing particularly disappointing about your Myers-Briggs score, "thinkers" or "perceivers," for example, are relatively neutral terms. However, not all traits are positive. Some traits are negative and are generally attributed to people who do negative things. The Dark Triad looks at these negative traits. Psychologists have developed tests to determine whether or not these traits exist and potentially spot dangerous people. Want to learn more about the Dark Triad? The research conducted by Paulhus and Williams is a great place to start. The Dark Triad is a relatively new concept in the world of psychology. The term was created in 2012 by two psychologists, Paulhus and Williams. In their research, Paulhus and Williams identified three personality traits that were most prominent in dangerous people who are more likely to commit crimes. The Dark Triad is a collection of these 3 traits. Like most personality traits, The Dark Triad exists in all people to certain degrees. Everyone has some of these nasty and 'evil' qualities. Researchers show that some degrees of these traits indicate a potentially good business leader or bright person. But the people who are more "dark" than others are more likely to act in ways that hurt others. So what are these scary Dark Triad traits? They are Narcissism, Psychopathy, and Machiavellianism. Each trait has a raw score of 0-4, which is usually measured with a percentile. For example, if you get a narcissism score of 40, that means that 60 people are more narcissistic than you. Narcissists believe that they are a superior person to others and require that people constantly recognize them for their superiority. They don't just crave attention or work to earn praise...they expect this attention or praise, even if they don't accomplish much. People with high narcissism scores on the dark triad personality quiz usually display the following: A lack of guilt or empathy Very shallow experiences when dealing with others Difficult to maintain relationships Taking large risks Usually paired with a trait of pathological lying Sometimes quite charming Sometimes very impulsive Here is the data I have collected from the quiz above, with around 20,000 test results from the raw data of the Psychopathy trait: Note that there are no results for 0.5, 1.5, 2.5, and 3.5 due to how the quiz raw score is calculated. Keep this in mind while reading these graphs. Psychopathy is one of the most difficult traits to spot but one of the most dangerous traits to have. Psychopaths have little empathy or consciousness. They can commit heinous crimes against others without feeling any remorse for what they have done. People have a hard time pointing out psychopaths because they can also be excessively charming. Ted Bundy is a classic psychopath; while people believed he was really charming and kind on the outside, he never seemed to show remorse for brutally killing over 30 women in the 70s. People with high psychopathy scores on the dark triad inventory usually display the following: A lack of guilt or empathy Very shallow experiences when dealing with others Difficult to maintain relationships Taking large risks Usually paired with a trait of pathological lying Sometimes quite charming Sometimes very impulsive Here is the data I have collected from the quiz above, with around 20,000 test results from the raw data of the Psychopathy trait: Researchers have been studying psychopaths for longer than they have been studying the Dark Triad. In the 1970s, Robert Hare developed the Hare Psychopathy Checklist to diagnose psychopathy. The checklist looks at a person's tendencies to be (or not to be) impulsive, empathetic, or delinquent. A score of 30 on the Hare Psychopathy Checklist denotes a psychopath. Ted Bundy scored a 39. Machiavelli was an Italian diplomat and author from the 1500s. He is most known for writing The Prince, which offers advice on how politicians should rise to the top by any means necessary. In the book, he says, "A prince never lacks good reasons to break his promise." Even if a leader is not generally dishonest or manipulative, they should use these tactics to get the power and position they desire. People scoring high on the Machiavellianism scale are manipulative, dishonest, or don't have a high interest in your well-being. In other words, they might not make such a great friend and should be kept at a longer distance. In short, the Dark Triad test is a very quick test to take and teaches you a lot about 3 main areas of your personality. The quiz is designed to measure these traits by having you answer questions that psychologists assume are correlated to the traits. For example, if someone answers "Agree" to "I do what I want and do not feel particularly obliged to anyone", then they may be more Narcissistic due to their self-preservation. The trick about these dark triad traits in your friends is that you cannot change them. In fact, it is very difficult to change someone else's personality. However, you do have the great ability to alter your ability and, thus, lower your dark triad personality scores. This process is called "Self Improvement", and if you'd like to learn more about personality psychology, you can take the test yourself or read more on the topic throughout this website. An adversary to the dark triad personality quiz is the light triad. This is a simple test to measure 'positive' traits of your character. Scott Barry Kaufman developed the Light Triad. You might ask, "If you score high on the dark triad, will you score low on the light triad?". Well, a recent study found a correlation of -0.48, which means there's a slight negative correlation, but it's not enough to be scientifically significant. This trait is that you should treat people as humans for their means, not as pawns or 'players' in your game. If you rank low in Kantianism, you most likely treat people as things to manipulate and only valuable if they're useful to you. This trait is essentially the belief that humans are good. There's a small correlation between someone's faith in humanity and their likelihood of experiencing symptoms of depression. This is the belief that humans deserve respect and appreciation regardless of their background or differences. MOST people will have a higher score of humanism, but you'd be surprised how much of the general population holds prejudice against certain human differences. There seems to be a link between certain facial features and scoring differently on the dark triad scales. Take a look below to see the average faces of 33 men and 48 women in each category. In a study by Victor Shiramizu and his colleagues, there seems to be a correlation between high scores and certain facial features. The study has been replicated a few times, and each time, participants can correctly identify high-narcissism male and female faces from a group of random faces more often than not. Participants were also able to pick out female faces that scored high on the psychopathy scale. They noted in the study that people are NOT good at discriminating against those with high or low Machiavellian scores. They found that "Together, our results suggest that male and female faces contain valid cues of narcissism, but do not necessarily contain valid cues of psychopathy or Machiavellianism." What does this mean? It means if you're very narcissistic on the dark triad personality test, someone can probably tell just by the way you look. There have been a few studies that show the connection between high scores in each category of the quiz and long-term and short-term relationships. One study showed that people who score high in all 3 traits desire short-term relationships more often than long-term ones. They also noted that they had a higher-than-average number of sexual partners. (Jonason, Li, Webster, & Schmidt, 2009) Think about it... If you only care about yourself (narcissistic), are willing to do anything to have sex (Machiavellianism), and don't feel bad afterward (psychopathy), then of course you'll have more sexual partners. People scoring high in all 3 can also "steal mates" and "be taken from mates". This doesn't mean cheating, but it's the next worst thing. (Jonason, Li, & Buss, 2010) Some psychologists believe a 4th dark trait should be added to the scale: sadism. Sadism is usually defined as 'the enjoyment of cruelty', which would definitely classify as dark. However, there isn't much research on how this trait correlates with the other 3. In conclusion, understanding the Dark Triad of personality traits – Narcissism, Psychopathy, and Machiavellianism – offers valuable insights into the darker aspects of human behavior. While these traits are present in everyone to some degree, their prominence can significantly impact interpersonal relationships and social dynamics. It's important to remember that personality traits are complex and multi-faceted, and labeling individuals solely based on test scores can be misleading. The Dark Triad test and the contrasting Light Triad provide a framework for exploring the balance between our darker and more positive traits. As research continues to evolve, it's clear that the study of these personality traits not only helps us understand others better but encourages self-reflection and personal growth. So, whether you're looking to understand complex human behaviors or just curious about your personality, delving into the world of the Dark Triad can be a fascinating journey. If you've heard of the dark triad personality traits, you're probably intrigued by what they involve and whether you have any of them. The dark triad personality is a combination of personality traits that includes narcissism, Machiavellianism, and psychopathy, says Jenna Nielsen, MSW, LCSW, a therapist at ADHDAdvisor. Curious if any of these might apply to you? Take this quiz to explore whether you've got hints of the dark triad in you. Reflect on the questions and answer them as truthfully as possible. We tapped the experts to help us understand the dark triad personality traits. Here's what they involve, according to Judy Ho Gavazza, PhD, ABPP, ABPdN, a neuropsychologist: Narcissism: Narcissism is characterized by excessive self-love, a grandiose sense of self-importance, entitlement, and a need for admiration. People with narcissistic traits often lack empathy and exploit others for their own gain. They think their needs are more important than others'. Machiavellianism: This trait is named for Niccolò Machiavelli, the Italian Renaissance philosopher. People high in Machiavellianism are strategic and will deceive or manipulate others to achieve their own goals, often with little regard for morality. Psychopathy: Psychopathy involves callousness, a lack of empathy, impulsivity, and antisocial behaviors. People with this trait may engage in reckless or harmful behaviors without feeling guilt or remorse. These traits can occur individually, but when they occur together in a constellation, they are referred to as the dark triad. Dr. Gavazza explains. This quiz is for anyone who is curious about their personality and whether they might possess any of the dark triad traits. It's designed for people who are interested in self-reflection and want to better understand their own motivations and behaviors. It's a light and non-judgmental way to learn more about yourself and the people around you. While it's not a formal psychological assessment, it's based on research studies that outline dark triad personality traits and their implications. It can provide helpful insights if you're wondering whether you or someone close to you exhibits some of these traits. If you think you have dark triad traits, it's important not to panic. These traits exist on a spectrum, and many people exhibit them in mild forms. Here are some steps to take if you recognize these traits in yourself: Educate yourself: Learn more about the dark triad and what it entails. Understanding these traits can help you recognize patterns in your own behavior. Reflect on your behavior: Reflect on whether you display any of these traits and how they might affect your daily life, relationships, and decisions. Are there specific situations or relationships where you notice these traits emerging? Seek professional guidance: If you believe you have these types of personality traits you should seek professional help to get an assessment, says Nielsen. There are therapists who specialize in working with these personality traits and they can teach you tools to activate more empathetic and prosocial behaviors, Dr. Gavazza adds. Work on being honest: People with dark triad traits often lie for no apparent reason and they sometimes delight in getting away with this, says Dr. Gavazza. She recommends trying to be honest and open in relationships without resorting to manipulation or deceit. "Try telling the absolute truth—challenge yourself to not do these behaviors out of habit." Channel ambition positively: If you identify with traits like competitiveness or a need for admiration, channel these into productive goals. Set personal and professional targets that involve teamwork and mutual success rather than purely self-driven achievements. Cultivate compassion: Cultivate empathy and compassion for others. Try putting yourself in their shoes and asking yourself how it would feel. This can help you develop a greater understanding of their perspectives and emotions. Learn to regulate your emotions: People with dark triad traits often struggle with impulsivity and emotional dysregulation, says Dr. Gavazza. She recommends practicing techniques such as mindfulness, distress tolerance, and grounding to regulate your own emotions in healthier ways. Practice humility: Practice humility by acknowledging your mistakes, valuing others' perspectives, and remembering that you are a human being with both strengths and weaknesses.