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Jump start academy

Youth training (ages 7 to 12) Training is designed to introduce the youngest of athletes to all areas of athletic development in a fun & positive class style training environment! We focus on increasing movement, body awareness, coordination, speed, agility and body weight strength, which are the key foundation to any athletic program, resulting in superior athleticism for all sports. High school training (ages 13 to 18) This program is designed to unlock the raw talent in every athlete. We focus on the key aspects of sports: change of direction, acceleration, deceleration, linear and lateral speed. We create the ultimate athlete through mobility, stability, strength and power. This program builds on an athlete's physical foundation and refines their skills in order for them to maximize their strength, aerobic and/or sport specific training. Athletes will also learn the skills and conditioning necessary to help prevent injuries through various warm-ups, exercises and techniques. Professional training This programming for collegiate and professional athletes helps the athlete maximize their career or prepare to play on a professional level. GTC offers both in and off season programs at our state of the art facility and focuses on injury prevention, nutrition, recovery, mobility, stability, maximum speed and power output. Adult training (ages 18 to 64) Training for adults of all experience level who are frustrated with their current fitness regime because they are not seeing improvement and results. Instructors are trained to evaluate your body's strengths and capabilities using a Functional Movement Screen which allows them to customize your class experience, optimize your results and help you achieve goals you thought were not possible. Assisted Stretching and Active Recovery Coaches can assist members to stay flexible and mobile by providing active stretching and recovery support. Adult members can also benefit from regular stretching to increase range of motion, improve posture, decrease stress and decrease pain. Our infant room is spacious and bright, with plenty of room for each baby to play and grow. We provide separate areas for quiet play (tummy time), and active play. The kitchenette helps the teachers meet the babies' needs, without having to leave the room. The crib room offers a restful environment for each baby to sleep. Every child is assigned their own crib. That crib is for their use only, until they move on to the next classroom. The rocking chair provides a place for our caregivers to bond one-on-one with the children, either during feedings, or when they are drifting off to sleep. When your baby starts walking, they transition to the Walking Room. Moving our walkers into their own classroom allows them to practice their newfound skills safely. Our Walking Room is also equipped with the kitchenette, but the children transition from cribs to cots. The classroom schedule does mimic that of a Toddler/Preschool classroom, but allows for the child's individual schedule as well. Our Toddler Room is designed especially for active little ones. The classroom is broken up into centers, providing well defined areas for each play activity. All furniture is at child level, creating the ultimate "Can Do" environment. Each item is labeled with pictures and words, so that children can identify where things go at "Clean-Up Time." Our toddlers are provided an array of activities that meet their developmental goals. Activities are planned to foster awareness of self, and others. The toddlers are also exposed to educational activities that introduce colors, shapes, and counting.Toddlers also have access to their own play yard, as well as the All-Purpose Room. Our goal is to make the Toddler years a time of active fun and learning! Our Older Toddler's are an active bunch, and they have a classroom to match. Each center provides an activity that meets their Early Learning needs. Teachers are expected to provide an array of activities to foster their "I can do it!" attitude. We also provide the opportunity for our Older Toddlers to work on the other important milestone for this age-potty training. All of our classrooms (from Young Toddlers up) have a bathroom in the classroom. This is very important for our Older Toddlers, as they develop this new skill. We also provide a slightly more "academic" curriculum to this age group. The alphabet is introduced through a series of simple activities, allowing the children to concretely grasp this concept later on in their development. Preschool is a time of wonder in learning, and our program facilitates that by inviting the children to explore and grow. Our Preschoolers work on letter and number recognition, and fine motor skills that will later help them hold a pencil, and cut with scissors properly. We introduce a theme based curriculum that covers such topics as Home Life, Community Helpers, Plants and Growing, Holidays, and Weather.We provide our preschoolers with the opportunity to leave the classroom, and use the computers in our computer room. This helps "switch up" the day, and allows the children to explore a different environment for learning. They also make use of our yard, and indoor play room. Children who enter our Pre-K program MUST be attending Kindergarten in the next school year. Our Pre-K focuses on pre-reading and pre-math activities that will lay the foundation for math and reading in Kindergarten. The children also work on their pencil and scissor skills. The children also work to learn their address, phone number, birth date, and parents' names. We strive to provide a "print-rich" environment, which will help with letter recognition and reading activities in the future. Our Summer Camp program provides children ages four to seven a daily academic curriculum which includes math, science, and reading. Creative arts, cooking, and computers are also offered. The opportunity to go on weekly field trips and attend extra-curricular activities led by visitors is also included. Children participate in exercise daily in our fenced-in outdoor play area or our air conditioned All Purpose Room. Weekly "Splash Days" are always fun for the students. Getting a quality jump on life learning. Jump Start Academy serves families of children 2 to 12 years old. We take pride in educational activities, meaningful play and outdoor exploration included in our well-diverse program. Each child receives optimal care while engaging in activities tailored to their individual level of learning, ability and interest. Children are very special to us, and we are always planning a variety of exciting activities just for your child. Each child is engaged in activities that enhance good moral and ethical behavior, character, and growth. Come get a quality jump on life learning. We would love for your family to become a part of ours. Inquire to learn more about how our program could be a good fit. If you're passionate about children and education, consider a career with us. We're looking for eligible professionals to join our team. All Staff members at Jump Start Academy are experienced and certified. It's mandatory to complete standard and required on-going training. They are carefully selected individuals who have demonstrated a love for children. All employees undergo an extensive background check prior to hire. Everyone works as a team to ensure a safe, happy, healthy, and family-centered environment for your child. Series logo JumpStart Academy is a series of JumpStart games officially launched on September 6, 2018, with the release of the first game, JumpStart Academy Math. [1] JumpStart announced two lines of games for the series, JumpStart Academy Home products and JumpStart Academy School products. List of Games[] Characters[] Returning[] Newly Introduced[] Trivia[] JumpStart Academy 1st Grade-5th Grade were suggested to be in development almost immediately following the releases of JumpStart Academy Preschool and Kindergarten. However, these games were never released. Gallery[] A promotional image for the seriesA promotional image for JumpStart Academy PreschoolA promotional image for JumpStart Academy Kindergarten References[] At JumpStart we follow a theme based curriculum. Our monthly calendars will show you the weekly themes, dress up days, holidays, and any other event happening at our school! Hover over the calendar to see arrows to move to previous months. Days Off: September 2, 2024 Labor Day November 28 & 29, 2024 Thanksgiving Break December 23, 2024 - January 1, 2025 Winter Break February 17, 2025 Teacher In-Service Day May 26, 2025 Memorial Day