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your intended use. For example, other rights such as publicity, privacy, or moral rights may limit how you use the material. The benefits of adjustable beds are undeniable, leading many to embrace this modern sleep innovation. Yet, a common query arises: "Can you put a headboard on an adjustable bed?" For those who wish to merge an adjustable
beds functional versatility with aesthetic charm, integrating a headboard is the answer. It seamlessly aligns the bed with your room's ambiance, ensuring it doesn't stand apart but rather complements your decor. Let's explore methods to achieve this harmonious blend. Why Worry About a Headboard? While an adjustable bed stands as a testament to
modern comfort, the absence of a headboard might leave a visual gap in your bedroom's design. A headboard isn't essential to enjoy an adjustable bed's functionalities, but it is for those who value an aesthetically pleasing room. There are some practical reasons to consider a headboard, too. For example, it protects your wall from you. Without a
headboard, your head might touch the wall when you sleep, leaving scuffs or oil marks. A headboard also protects you from the wall. It can keep you from the wall. It can keep you from bumping against it which can be painful. Finding a Headboard to Work With an Adjustable BedMost headboards seamlessly complement an adjustable bed. The key is using the right headboard
brackets. While some bed frames like the ErgoSportive Smart Bed and Dawn House Bed come equipped with these, others might require a separate purchase. Transitioning from a standard bed to an adjustable variant? Your existing headboard could very well be a match. Before considering a new purchase, assess if your current piece aligns with the
adjustable frame's design. Steps to Attach a Headboard to an Adjustable FrameOnce you find a headboard you like, make sure the size is right and determine where it attaches to the frame's sides and be "T" shaped on the
front legs. If there are no brackets, look for mounting holes. These allow you to attach brackets, talk to the retailer or manufacturer. Sizing the Headboard often, the bracket attachments on the bed frame
are on the sides, so the headboard needs to be slightly wider than your frame. If it is too wide, though, it may not fit properly. Also, measure the height of the headboard. Make sure it is a comfortable height for your needs. Connect the Brackets to the Bed FrameFollow the manufacturer's instructions to connect the brackets to your bed frame. Read
through the instructions first and make sure you have the necessary tools. Typically, the brackets attach with screws and nuts. Line Up the Headboard Aligning the headboard remains steady while you align the mounting holes
with the brackets. Double Check to Make Sure the Headboard is SecureOnce you have the head of the bed up and down a few times. The mattress should move in front of the headboard without catching on it. Shop
Ergomotion Adjustable Beds Whether you're looking for an integrated smart home adjustable bed, or a simple and classic adjustable bed has been a point of contemplation, let Ergomotion put those concerns to rest with our
ErgoSportive smart bed, Dawn House Bed, or headboard brackets. Have questions? Reach out to us at any time and we will be eager to help you find the bed of your dreams. A well-chosen headboard brackets. Have questions? Reach out to us at any time and we will be eager to help you find the bed of your dreams. A well-chosen headboard brackets.
This article will guide you through the process step by step. Adjustable bed frames are becoming increasingly popular due to their comfort and versatility. Yet, one question that often arises is whether attaching a headboard to your adjustable base with the right
tools and instructions. Tools NeededGenerally, you'll need the following tools: Power DrillsBoltsNutsScrewdriverScrews (included with the headboard or purchased separately) Universal adaptors or headboard brackets (if not included with the headboard or purchased separately) Universal adaptors or headboard brackets (if not included with the headboard brackets) (if not included with the headboard brackets) (if not included with the headboard or purchased separately) (if not included with the headboard or purchased separately) (if not included with the headboard brackets) (if not included with the headboard brackets
headboard brackets. Not all bases come with them. If yours doesn't, don't worryyou can purchase a compatible headboard bracket set. These sets typically include bracket to the base, it might not include bolts for attaching the headboard itself. Often,
those bolts come with the headboard, but ensure they fit the bracket's holes. You can find compatibility information in the bed's instructions or by contacting customer service. #2. Check The Attachment of the Headboard bracket, there's more to consider before installing the headboard. Check the bracket typeit could be
"bolt-on" with drilled holes or "hook-on" with specific slots. Bolt-on brackets require bolts through drilled holes, and the hole's diameter determines the bolt size for a secure attachment. Choose the setup you prefer when purchasing the bracket.#3. Prepare for AttachmentWhen attaching the headboard, ensure the bed area is clear in your bedroom
and raise the head of the adjustable bed for easier attachment. Gather your tools and headboard kit beforehand and consider having a second person to assist with lining up bed frame parts and securing the headboard kit beforehand and consider having a second person to assist with lining up bed frame parts and securing the headboard.#4. Attach the BracketsSecure the headboard bracket channels to the base, attachment. Gather your tools and headboard kit beforehand and consider having a second person to assist with lining up bed frame parts and securing the headboard.#4.
brackets to maintain a 1 to 2-inch clearance from the bed's edge, preventing friction between the mattress and headboard during adjustments. Use a wrench to tighten the bolts to secure both brackets and flanges. Always refer to the instructions for any specific variations on these steps. #5. Align and Secure Mounting Holes Measure the distance
between the headboards mounting holes and the slits serving as the headboard flanges mounting holes. Adjust and secure the flanges if they don't align to ensure proper fitting.#6. Attach the Headboard flanges mounting holes and the slits serving as the headboard flanges mounting holes. Adjust and secure the flanges if they don't align to ensure proper fitting.#6. Attach the Headboard flanges mounting holes and the slits serving as the headboard flanges mounting holes. Adjust and secure the flanges if they don't align to ensure proper fitting.#6.
the adjustable bed to its flat position, ensuring a 1 to 2-inch clearance between the headboard and the base for the mattress surface and the bottom of the headboard, especially if small children are present, to prevent entrapment when the bed is flat. #7. Test
StabilityAfter attaching the headboard for adjustable bed frame and doesnt wobble or shift.#8. Finishing TouchesIf there are visible screws or hardware after attaching the headboard, consider using cover caps or decorative
elements to conceal them, providing a polished look to your bed frame. #9. Safety PrecautionsEnsure that all attachment points are securely fastened to prevent any accidents. Regularly inspect the headboard attachment points are securely fastened to prevent any accidents.
pleasure in your adjustable bed frame's enhanced aesthetics and functionality. Experiment with different styles and bedding to complement the new addition to your sleeping space. FAQsCan an adjustable bed frame be used without a headboard? Yes, using an adjustable bed frame without a headboard is feasible, although adding a headboard might
enhance comfort. How long does it take to set up an adjustable bed? Typically, assembling an adjustable base takes around twenty minutes. Follow the comprehensive instructions in the package. Can you use my existing headboard to the
adjustable base using headboard brackets or keep them separate. Alternatively, a floating headboard eliminates the need for a bed frame. Can I store things under an adjustable bed? Yes, most adjustable bed? I store things under an adjustable bed? I store things under a store things under a
However, items stored underneath may obstruct under-bed lighting if your base has this feature. What's the best way to attach a headboard to an adjustable bed frame? The ideal way depends on your headboard and frame type. Common methods include using L-brackets, headboard brackets, or short screws for secure attachment. If youve recently
bought or are thinking about buying an adjustable bed, then you might be wondering if you can attach a headboard to an adjustable bed. Most adjustable bed provided by high profile brands will allow you to attach a headboard to an adjustable bed. The adjustable bed bed. Most adjustable bed bed. World and it is not a discount buying an adjustable bed. The adjustable bed bed. World and it is not a discount buying an adjustable bed by high profile brands will allow you to attach a headboard to the adjustable bed. The adjustable bed bed. World and it is not a discount buying an adjustable bed by high profile brands will allow you to attach a headboard to the adjustable bed. The adjustable bed bed. World and it is not a discount buying an adjustable bed by high profile brands will allow you to attach a headboard to the adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying an adjustable bed. World and it is not a discount buying a discount buying a discount buying an adjustable buying a discount buying a discoun
separately. However, you need to ensure that the bracket is compatible with your headboard. The rest of this article shows you how to attach a headboard to an adjustable bed frame in 7 steps and includes specific video examples for brands like Tempurpedic and Serta. Alternatively: if youre in need of a new adjustable bed then check out the Puffy
Adjustable Base in my list of the best adjustable beds because it comes with a universal headboard attachment that works with nearly every headboard to an adjustable frame will vary depending on the manufacturer of the adjustable base, the headboard attachment kit, and the headboard
itself. However, the 7 steps below provide a general framework that should hold for most headboard attachment processes. If you need a visual guide, then I recommend taking a look at the video below that shows you how to attach a headboard to the Leggett & Platt Prodigy Adjustable Base because the steps and process can be extrapolated very well:
Leggett & Platt Prodigy Adjustable Base Headboard Bracket Installation (Bedplanet.com)Not all adjustable beds come with headboard brackets included/attached (although many do) it will depend on the manufacturer of the adjustable base. So the first step is to check your adjustable bed frame to see if it has brackets already attached, if they are
included in the set-up kit, or if youll need to buy them separately (see step 3). If theres no headboard to see if the base is able to be fitted with a separate headboard to see which type of
attachment it has for connecting to the adjustable bed frame you will either see a bolt-on or hook-on has slits where the hooks can be attached. Most headboard mounting holes will allow you to pass a bolt through the holes and attach it to the headboard bracket on the adjustable
frame. What youre looking for is compatibility between the attachment capacity of the base and the headboard such as having the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the base securely with the same diameter holes that will allow you to attach the headboard to the he
attachment that should fit nearly all headboard types. If your adjustable base doesnt come with a headboard bracket included, then you should check the instructions to see which type of brackets are compatible and then buy them separately. Most headboard bracket kits that you can buy for your adjustable base will include bracket channels,
headboard bracket flanges, and a hardware package that includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket to the base. HOWEVER: the headboard bracket kit typically wont include the bolts required to attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers so that you can attach the headboard bracket kit typically wont includes the appropriate retainer nuts, bolts, and washers are not appropriate retainer nuts, and washers are not appropriate retainer nuts, and washers are not appropriate retainer nuts, and washers are not appropriate retainer nuts.
check the specs to ensure that the diameter of the headboard brackets to the adjustable base, you should raise up the head of the frame so that youve got enough clearance to be able to work. The exact mechanics for attaching the headboard brackets to your
adjustable base will vary between adjustable bed manufacturers, so you should follow the instructions provided but the steps will typically be as follows: Attach the headboard bracket channels. Slide the brackets 1.5-2 inches away from the edge of the bed to
allow for clearance. Tighten up the bolts to secure the headboard. Then measure the distance between the mounting holes on the struts of the headboard. Then measure the center-to-center distance between the holes of the headboard.
mounting slots on the headboard bracket flanges. If the measurements dont align, then slide the headboard bracket flanges until the holes and complete the attachment of your headboard to the adjustable bed base by tightening up
the bolts.Once secure, carefully lower the upper portion of the adjustable frame into the flat position to ensure that the headboard is sufficient to stop the mattress rubbing against the headboard during operation. If you have kids or pets, then make sure that the headboard is fitted so that
theres only a small gap of no more than 1-3 inches between the surface of the mattress and the bottom of the headboard to prevent trapping when the bed is completely flat. Below are some specific video examples of attaching the headboard to prevent trapping when the bed is completely flat. Below are some specific video examples of attaching the headboard brackets to your adjustable base so that you can then fit your headboard. How To Install A Headboard Bracket
Contemporary II: Rize Adjustable Beds (Rize Beds) The installation of the headboard brackets are attached to the crossbar under the bed to which the outer brackets are attached. Wallhugger Foundation Style Headboard Installation
(The Healthy Bed Store) Again, the installation process is pretty much the same as described in the 7 steps above for attaching a headboard bracket set to the Foundation (Homemakers Furniture) The video above
shows you how to attach a headboard to a Tempurpedic adjustable bed specifically the TEMPUR-Ergo Adjustable beds. You can attach a headboard to a metal bed frame if the headboard brackets on the frame and
the mounting holes on the headboard struts are compatible and can be connected securely with a bolt or appropriate attachment. A headboard doesnt need to touch the floor when attached to the bottom of the headboard is
no more than 1-3 inches in order to prevent trapping of body parts (very important if you have kids or pets). You can attach a headboard brackets as you screw the legs into the frame as shown in the video below: Serta Motion Custom Delivery and Setup
(ErgomotionUSA)Most adjustable beds made by big-name brands will allow you to attach a headboard using a headboard bracket. And whilst the installation will vary between brands, the process generally follows the 7 steps that Ive outlined above. If you need a new headboard then check out my list of the best headboards to buy online for plenty of
options. If you've yet to buy your adjustable base because it comes with a universal headboard attachment and works with the highly versatile Puffy Adjustable base and
the compatible Puffy Lux Hybrid mattress now. Main image: Modern Bed in Classic Blue Style With Bedside Table and Lamp by Peter Visual (Getty Images). Licensed under the Canva One Design Use Licensed under 
reviewer since 2015 and was inspired to start this website when he ended up sleeping on a memory foam mattress that was too soft and gave him backache. Through in-depth research and analysis, Dans goal with this website is to help others avoid such pitfalls by creating the best online resource for helping you find your ideal mattress, bedding, and
bedroom furniture. Dan is a qualified NVQ Level 2 Fitness Instructor with 6 years experience helping clients improve their health through diet, exercise, and proper sleep hygiene. He also holds several college and university-level qualifications in health sciences, psychology, mathematics, art, and digital media creation which helps him to publish well
researched and informative product reviews as well as articles on sleep, health, wellbeing, and home decor. Dan also has direct personal experience with insomnia, anxiety, misophonia (hypersensitivity to sounds), and pain from both acute and long-standing sporting injuries he enjoys writing insightful articles around these subjects to help fellow
sufferers of such conditions. Learn more about Dan here. Key Takeaways Check for Headboard Brackets: Not all adjustable bed frame separately. These kits typically include
bracket channels, nuts, bolts, and washers. Identify Bracket Type: There are two common types of headboard brackets: bolt-on and hook-on. Bolt-on brackets have specific slots for hooks. You can choose the bracket type that suits your preference. Follow Installation
children to prevent entrapment. For many shoppers, headboards are a necessary part of the bedroom, even as many bed frame designs have moved away from them. People often want to make their adjustable base and bedroom, even as many bed frame designs have moved away from them.
frame like an adjustable base. Our guide covers the six steps it takes to attach a headboard to an adjustable frame has headboard brackets already
attached to it. If your mattress doesnt have a headboard bracket, that doesnt mean you cant attach a headboard. It simply means you need to buy a headboard bracket set compatible with your mattress. You can usually find this information by checking the adjustable beds instructions or reaching out to the manufacturers customer service. And the sum of the compatible with your mattress doesn't have a headboard bracket set compatible with your mattress. You can usually find this information by checking the adjustable beds instructions or reaching out to the manufacturers customer service.
headboard bracket kit usually comes with: Bracket channels Nuts Bolts Washer We want to clarify that the bolts included are usually just enough to attach the base. These bolts often come with the headboard, although you need to check if the
likely, youll be attaching the headboard in your bedroom. The area around the bed should be clear, and you should raise the head of the adjustable bed. Raising the head makes attachment easier. You will also want to make sure you have your tools and headboard kit at hand. Finally, you might want to enlist a second person to provide a helping hand
and make it easier to line up parts and secure the headboard. Attach the Brackets to your adjustable base can vary slightly. Most of them will follow this generic outline: Secure the headboard bracket so that brackets to your adjustable base can vary slightly. Most of them will follow this generic outline: Secure the headboard bracket so that brackets to your adjustable base can vary slightly.
theyre 1 to 2 inches away from the edge of the bed. This gives the mattress clearance space, ensuring it doesnt rub against the headboard as the adjustable base moves. Finally, tighten the bolts with a wrench, securing the brackets and flanges. Always double-check the instructions to see if theres any variation on these steps. 5. Measure the Mounting
HolesAfter the brackets are secured, measure the distance between the headboards mounting holes. This step ensures that everything is lined up correctly. If they arent even with each other, you need to slide the flanges until they do
match up and re-secure the bolts.6. Attach the HeadboardOnce youve lined up the headboard stays in place. Your done now, right? Not quite, as the true last step is to lower the adjustable bed back to its flat position
This allows you to double-check you left 1 to 2 inches of clearance space between the mattress. If you have small children, you also want to double-check that there are no more than 1 to 3 inches of space between the mattress surface and the bottom of the headboard. If the gap is too large, they may become trapped
between the headboard and the mattress when the bed is in the flat position. What About Floating and Free-Standing Headboard to the wall. Hence the term floating headboard to the adjustable base, some people prefer to attach the headboard to the wall. Hence the term floating headboard to the wall. Hence the term floating the headboard to the adjustable base, some people prefer to attach the headboard to the wall.
your adjustable base system. Plus, floating headboards can be switched out with any bed foundation or frame.Potential headboard mounts for a wall include:Heavy-duty picture frame mountsMirror mountsFrench cleatsIf you have a favorite headboard you want to turn into a wall ornament, there are a few steps to follow:Use a level to draw a
horizontal line on the wall where the headboards measurements to install the second set of brackets. Mount the headboards, free-standing headboards are not attached to a bed frame. Unlike floating headboards, most
free-standing headboards can stand on their own. For example, many headboards with shelves or cubby holes are free-standing headboards. Usually, you can mount a free-standing headboard to a wall or bed frame, but it is not required to use the headboards. Usually, you can mount a free-standing headboard is good for people who want a no-fuss decor piece with easy
assembly.Do I Need a Headboard Attachment?Whether you need a new headboard or not is largely a matter of personal taste. Headboards were once a way to keep heads warm by protecting them from drafts. However, that function has become less important as home heating systems and insulation have improved. Some people also use headboards
to keep their pillows on the bed. For a few shoppers, a headboard may be a simple matter of aesthetics. If their bedroom is filled with traditional decorative pieces of furniture and theyve used a bed skirt with an adjustable bed, they may choose to complete their bedrooms look and feel with a headboard can also help you wrangle your
pillows into place. The headboard will act as a physical barrier that prevents pillows from sliding down and getting lost behind the bed, especially when the bed and enhancing your overall comfort while using the adjustable
bed. Still, forgoing a headboard can also leave you with more wall space to work within your bedroom. Many people enjoy how sleek a platform bed without a headboard or footboard looks. Choosing not to use a headboard wall space to work within your bedroom. Many people enjoy how sleek a platform bed without a headboard or footboard looks. Choosing not to use a headboard can save money, too. Ultimately, your ethe only one qualified to decide if a headboard is something you need. DIY Headboard Wall
MuralA great budget bedroom makeover idea is to bypass the usual physical headboard mural on a wall can be a fun and creative project to add a unique touch to your bedroom decor. First, decide on the mural
design you want for your headboard. Consider the size and shape of the headboard area and choose a design that complements your rooms theme, along with the appropriate bedroom wall colors for sleep. You may even wish to sketch out your initial idea on a piece of paper. Once you have an idea in mind and all the materials you need (paint, sketch
pencil, paintbrushes, painters tape, drop cloth) clean the wall thoroughly and ensure its smooth and free from any dirt or imperfections. Cover the surrounding area with drop cloths (repurposed old sheets work well for this) to protect it from paint splatters. Then, lightly sketch the mural design on the wall using a pencil. You can also use painters tape
to create clean lines and sections if needed. Begin painting the mural from top to bottom, using larger brushes for larger areas and smaller brushes for details. Layer the colors and allow each layer to dry before adding the next for better results. If you wish, you can add depth and texture to the mural by adding shadows, highlights, and finer
details. Once the mural is completely dry, remove any painters tape gently. Consider applying a clear varnish or sealant over the mural to protect it from dust and damage and to ensure it lasts longer. About the Amerisleep Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+ is our favorite. The bed offers more special
features than the basic model, such as full-body massagers. Headboard brackets are also available for purchase for anyone who wishes to accommodate your wishes. You can sit up to read a book or raise your legs to relieve pressure. The head and
foot can be elevated by using the remote, a phone app, or voice commands through Amazon Alexa or Google Home. Thats right, the Adjustable Bed+ can make your nightstand even as you sit up. Instead, the mattress moves back, keeping
your body firmly in place and the headboard from hitting the wall. A non-skid surface and a retainer bar ensure the mattress stays in place. Our Adjustable Bed + is available in twin XL, queen, king, California king, and split king sizes. You can pair the base with most upholstered bed frames and set the beds height to 9, 12, or 15 inches. We include a
10-year warranty with every Adjustable Bed+ frame. Frequently Asked Questions Do adjustable bases and mattresses that are not. Memory foam, latex, and hybrid mattresses can flex with an adjustable base without any damage. However, a
traditional innerspring mattress can have its springs damaged when its used with an adjustable base. Similarly, air mattresses may develop a puncture or feel uncomfortable if paired with an adjustable frame. Should you sleep in the zero-gravity position? Yes, sleeping in the zero-gravity position is one of the best ways to relieve pressure on the body. A
zero-gravity bed reduces compression on the spine, eases tension on the hips, and lowers pressure on the back. However, this doesnt mean sleeping on a flat bed is unhealthy. You can experiment and find what works best for you. Is it okay to sleep with your legs elevated? Yes, sleeping with your legs elevated can even improve your blood circulation
Elevating your knees can also reduce pressure on your lower back, decreasing your chances of back pain. You can raise your legs with an adjustable beds leave room for under-bed storage. Some people may even find it more convenient to keep things under an
adjustable base than a traditional frame because they can lift the mattress for easier access. However, if your adjustable base includes under-bed lighting, stored items may block the light. Whats the worst sleep? Most experts say that the worst sleeping position is lying on your front. When youre on your stomach, gravity pushes your abdomen
into the mattress, drawing your spine out of its neutral alignment. You can minimize the chances of sinkage by shopping for a firm mattress for stomach sleeping. Conclusion at headboard can help you dress up an adjustable base, but its not the only way to make a bedroom look beautiful. Some people may prefer to use a floating or free-
standing headboard. Others may choose to forgo tradition and leave out the headboard all together. Theres no right or wrong way to decorate a bedroom, as long as the ultimate result promotes a relaxing nights rest. Key Takeaways Check for Headboard Brackets: Not all adjustable bed frames come with headboard brackets, so the first step is to
determine if your frame has them. If not, you can usually purchase a headboard bracket kit compatible with your bed frame separately. These kits typically include brackets: bolt-on and hook-on. Bolt-on brackets have drilled holes for attaching
the headboard with bolts, while hook-on brackets have specific slots for hooks. You can choose the bracket type that suits your preference. Follow Installation Steps: To attach the headboard, prepare your workspace, secure the brackets to ensure alignment, and finally,
attach the headboard using appropriate bolts. Make sure there is enough clearance space between the headboards are a necessary part of the bedroom, even as many bed frame designs have moved away from them. People often want to
make their adjustable base and bedroom look more beautiful with a headboard. However, they may not know how to attach a traditional headboard to an adjustable frame. Sleep In Luxury Shop the Adjustable Bed 1. Check the Adjustable Frame
for a Headboard BracketNot every adjustable base includes a headboard bracket. So the first step is to see if your adjustable frame has headboard bracket already attached to it. If your mattress doesnt have a headboard bracket set compatible with
your mattress. You can usually find this information by checking the adjustable beds instructions or reaching out to the manufacturers customer service. A headboard bracket kit usually comes with: Bracket channels NutsBolts Washer We want to clarify that the bolts included are usually just enough to attach the bracket to the base. A headboard
bracket kit typically lacks the bolts needed to attach the headboard to the base. These bolts often come with the headboard to the base. These bolts often come with the headboard is AttachedYou have a headboard bracket. Does that mean youre ready to install a headboard?
Not quite, because you also have to check what kind of headboard bracket lets you maneuver a bolt-on bracket has drilled holes. A hook-on bracket has specific slots for hooks. The holes diameter determines what size bolt you need for
a secure attachment. Naturally, if you purchase a headboard bracket, youll be able to decide which of these setups you prefer. 3. Prepare the WorkspaceMost likely, youll be attaching the head of the adjustable bed. Raising the head makes attachment
easier. You will also want to make sure you have your tools and headboard kit at hand. Finally, you might want to enlist a second person to provide a helping hand and make it easier to line up parts and secure the headboard. Attach the Brackets The specifics of adding brackets to your adjustable base can vary slightly. Most of them will follow this
generic outline: Secure the headboard bracket channels to the base, then attach the headboard bracket channels. Adjust the bracket so that theyre 1 to 2 inches away from the edge of the bed. This gives the mattress clearance space, ensuring it doesn't rub against the headboard bracket channels. Adjust the bracket so that theyre 1 to 2 inches away from the edge of the bed. This gives the mattress clearance space, ensuring it doesn't rub against the headboard bracket channels.
 bolts with a wrench, securing the brackets and flanges. Always double-check the instructions to see if theres any variation on these steps. 5. Measure the Mounting Holes on its struts. Then measure the distance between the slits that function as the
headboard flanges mounting holes. This step ensures that everything is lined up correctly. If they arent even with each other, you need to slide the flanges until they do match up and re-secure the bolts. 6. Attach the Headboard once youve lined up the headboard flanges with the brackets, stick the bolts through the holes to secure the headboard. Then
tighten these bolts so that the headboard stays in place. Youre done now, right? Not quite, as the true last step is to lower the adjustable bed back to its flat position. This allows you to double-check you left 1 to 2 inches of clearance space between the headboard and the base for the mattress. If you have small children, you also want to double-check
that there are no more than 1 to 3 inches of space between the mattress surface and the bottom of the headboard and the mattress when the bed is in the flat position. What About Floating and Free-Standing Headboards? Instead of attaching the headboard to the adjustable
base, some people prefer to attach the headboard to the wall. Hence the term floating headboard. Wall-mounting a headboard mounts for a wall include: Heavy-duty picture frame.
mountsMirror mountsFrench cleatsIf you have a favorite headboard you want to turn into a wall ornament, there are a few steps to follow: Use a level to draw a horizontal line on the wall. Use the headboards measurements to install the second
set of brackets. Mount the headboard. Like floating headboards, free-standing headboards are not attached to a bed frame. Unlike floating headboards with shelves or cubby holes are free-standing headboards. Usually, you can mount a free-standing headboard to a
wall or bed frame, but it is not required to use the headboard. This type of headboard or not is largely a matter of personal taste. Headboard were once a way to keep heads warm by protecting them from
drafts. However, that function has become less important as home heating systems and insulation have improved. Some people also use headboards to keep their pillows on the bed. For a few shoppers, a headboard may be a simple matter of aesthetics. If their bedroom is filled with traditional decorative pieces of furniture and theyve used a bed skirt
with an adjustable bed, they may choose to complete their bedrooms look and feel with a headboard. A headboard can also help you wrangle your pillows from sliding down and getting lost behind the bed, especially when the bed is adjusted to an inclined position. The
headboard provides stability and support, keeping your pillows from falling off the bed and enhancing your overall comfort while using the adjustable bed. Still, forgoing a headboard can also leave you with more wall space to work within your bedroom. Many people enjoy how sleek a platform bed without a headboard or footboard looks. Choosing not
to use a headboard can save money, too. Ultimately, youre the only one qualified to decide if a headboard is something you need. DIY Headboard wall MuralA great budget bedroom makeover idea is to bypass the usual physical headboard wall MuralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to bypass the usual physical headboard wall muralA great budget bedroom makeover idea is to budget budget budget budget bedroom makeover idea is to budget budge
frame. Painting a headboard mural on a wall can be a fun and creative project to add a unique touch to your bedroom decor. First, decide on the mural design you want for your headboard. Consider the size and shape of the headboard area and choose a design that complements your rooms theme, along with the appropriate bedroom wall colors for
sleep. You may even wish to sketch out your initial idea on a piece of paper. Once you have an idea in mind and all the materials you need (paint, sketch pencil, paintbrushes, painters tape, drop cloth) clean the wall thoroughly and ensure its smooth and free from any dirt or imperfections. Cover the surrounding area with drop cloths (repurposed oldant)
sheets work well for this) to protect it from paint splatters. Then, lightly sketch the mural design on the wall using a pencil. You can also use painters tape to create clean lines and smaller brushes for details. Layer the colors and allow each layer
to dry before adding the next for better results. If you wish, you can add depth and texture to the mural by adding shadows, highlights, and finer details. Once the mural is completely dry, remove any painters tape gently. Consider applying a clear varnish or sealant over the mural to protect it from dust and damage and to ensure it lasts longer. About
the Amerisleep Adjustable Bed+While we offer two adjustable bed bases, the Adjustable bed bases,
the adjustable bed moves to accommodate your wishes. You can sit up to read a book or raise your legs to relieve pressure. The head and foot can be elevated by using the remote, a phone app, or voice commands through Amazon Alexa or Google Home. Thats right, the Adjustable Bed+ can make your smart home setup complete. The beds wall glide
engineering technology ensures you dont move away from your nightstand even as you sit up. Instead, the mattress moves back, keeping your body firmly in place. Our Adjustable Bed+ is available in twin XL, gueen, king, California king
and split king sizes. You can pair the base with most upholstered bed frames and set the beds height to 9, 12, or 15 inches. We include a 10-year warranty with every Adjustable Bed+ frame. Frequently Asked Questions adjustable bases and
mattresses that are not. Memory foam, latex, and hybrid mattresses can flex with an adjustable base without any damage. However, a traditional innerspring mattresses may develop a puncture or feel uncomfortable if paired with an adjustable frame. Should
you sleep in the zero-gravity position? Yes, sleeping in the zero-gravity position? Yes, sleeping on a flat bed is unhealthy. You can experiment and find what
works best for you. Is it okay to sleep with your legs elevated? Yes, sleeping with your legs elevated can even improve your blood circulation. Elevating your knees can also reduce pressure on your lower back, decreasing your chances of back pain. You can raise your legs with an adjustable base or a wedge pillow. Can you store things under an
adjustable bed?Yes, most adjustable beds leave room for under-bed storage. Some people may even find it more convenient to keep things under an adjustable base includes under-bed lighting, stored items may block the light. Whats the
 worst way to sleep?Most experts say that the worst sleeping position is lying on your front. When youre on your stomach, gravity pushes your abdomen into the mattress for stomach sleeping.ConclusionAttaching a headboard can
help you dress up an adjustable base, but its not the only way to make a bedroom look beautiful. Some people may prefer to use a floating or free-standing headboard. Others may choose to forgo tradition and leave out the headboard all together. Theres no right or wrong way to decorate a bedroom, as long as the ultimate result promotes a relaxing
nights rest. Key Takeaways Check for Headboard Brackets: Not all adjustable bed frames come with headboard bracket kit compatible with your bed frame separately. These kits typically include bracket channels, nuts, bolts, and
 washers.Identify Bracket Type: There are two common types of headboard brackets: bolt-on and hook-on. Bolt-on brackets have drilled holes for attaching the headboard with bolts, while hook-on brackets have specific slots for hooks. You can choose the bracket type that suits your preference. Follow Installation Steps: To attach the headboard
prepare your workspace, secure the brackets to the bed frame, measure the mounting holes on the headboard and brackets to ensure alignment, and finally, attach the headboard using appropriate bolts. Make sure there is enough clearance space between the headboard and the mattress, especially if you have small children to prevent entrapment
 For many shoppers, headboards are a necessary part of the bedroom, even as many bed frame designs have moved away from them. People often want to make their adjustable base and bedroom look more beautiful with a headboard. However, they may not know how to attach a traditional headboard to a metal bed frame like an adjustable base. Our
doesn't have a headboard bracket, that doesn't mean you can usually find this information by checking the adjustable beds instructions or reaching out to the manufacturers customer service. A headboard bracket kit usually comes
 with:Bracket channelsNutsBoltsWasherWe want to clarify that the bolts included are usually just enough to attach the base. A headboard to the base. These bolts often come with the headboard, although you need to check if the diameter of the headboards bolts will fit
with the brackets holes. 2. Check How The Headboard Is AttachedYou have a headboard bracket. Does that mean youre ready to install a headboard bracket it is. There are bolt-on and hook-on designs. A bolt-on bracket has drilled holes. A hook-on bracket has specific slots for
hooks. The typical bracket lets you maneuver a bolt through the hole to attach it to the headboard. The holes diameter determines what size bolt you need for a secure attachment. Naturally, if you purchase a headboard bracket, youll be attaching the
 headboard in your bedroom. The area around the bed should be clear, and you should raise the head of the adjustable bed. Raising the head makes attachment easier. You will also want to enlist a second person to provide a helping
parts and secure the headboard. Attach the Brackets The specifics of adding brackets to your adjustable base can vary slightly. Most of them will follow this generic outline: Secure the headboard bracket channels to the base, then attach the brackets to your adjustable base can vary slightly. Most of them will follow this generic outline: Secure the headboard bracket so that theyre 1 to 2 inches away from
the edge of the bed. This gives the mattress clearance space, ensuring it doesn't rub against the headboard as the adjustable base moves. Finally, tighten the brackets and flanges. Always double-check the instructions to see if theres any variation on these steps. 5. Measure the Mounting Holes After the brackets are
secured, measure the distance between the headboards mounting holes on its struts. Then measure the distance between the slits that function as the headboard flanges mounting holes. This step ensures that everything is lined up correctly. If they arent even with each other, you need to slide the flanges mounting holes. This step ensures that everything is lined up correctly. If they arent even with each other, you need to slide the flanges mounting holes. This step ensures that everything is lined up correctly. If they arent even with each other, you need to slide the flanges mounting holes.
bolts.6. Attach the HeadboardOnce youve lined up the headboards holes with the brackets, stick the bolts through the headboard. Then, tighten these bolts so that the headboard stays in place. Youre done now, right? Not quite, as the true last step is to lower the adjustable bed back to its flat position. This allows you to double.
check you left 1 to 2 inches of clearance space between the headboard and the base for the mattress. If you have small children, you also want to double-check that there are no more than 1 to 3 inches of space between the mattress surface and the bottom of the headboard. If the gap is too large, they may become trapped between the headboard and
the mattress when the bed is in the flat position. What About Floating and Free-Standing Headboard to the wall. Hence the term floating headboard to the adjustable base, some people prefer to attach the headboard to the wall. Hence the term floating headboard to the adjustable base system.
Plus, floating headboards can be switched out with any bed foundation or frame. Potential headboard mounts for a wall include: Heavy-duty picture frame mounts fire the
headboard will go. Use a stud finder to locate the studs along this line. Attach brackets to the wall. Use the headboards measurements to install the second set of brackets. Mount the headboards measurements to install the second set of brackets. Mount the headboards can stand on
their own. For example, many headboards with shelves or cubby holes are free-standing headboards. Usually, you can mount a free-standing headboard to a wall or bed frame, but it is not required to use the headboard attachment?
Whether you need a new headboard or not is largely a matter of personal taste. Headboards were once a way to keep heads warm by protecting them from drafts. However, that function has become less important as home heading systems and insulation have improved. Some people also use headboards to keep their pillows on the bed. For a few
shoppers, a headboard may be a simple matter of aesthetics. If their bedroom is filled with traditional decorative pieces of furniture and they we used a bed skirt with an adjustable bed, they may choose to complete their bedrooms look and feel with a headboard can also help you wrangle your pillows into place. The headboard will act as
a physical barrier that prevents pillows from sliding down and getting lost behind the bed, especially when the bed an inclined position. The headboard provides stability and support, keeping your pillows from falling off the bed and enhancing your overall comfort while using the adjustable bed. Still, forgoing a headboard can also leave
you with more wall space to work within your bedroom. Many people enjoy how sleek a platform bed without a headboard or footboard looks. Choosing not to use a headboard or footboard looks. Choosing not to use a headboard wall MuralA great budget bedroom makeover idea
is to bypass the usual physical headboard and instead use some inexpensive paint to give the impression of one on the wall behind your adjustable bed frame. Painting a headboard mural on a wall can be a fun and creative project to add a unique touch to your bedroom decor. First, decide on the mural design you want for your headboard. Consider the
size and shape of the headboard area and choose a design that complements your rooms theme, along with the appropriate bedroom wall colors for sleep. You may even wish to sketch out your initial idea on a piece of paper. Once you have an idea in mind and all the materials you need (paint, sketch pencil, paintbrushes, painters tape, drop cloth)
clean the wall thoroughly and ensure its smooth and free from any dirt or imperfections. Cover the surrounding area with drop cloths (repurposed old sheets work well for this) to protect it from paint splatters. Then, lightly sketch the mural design on the wall using a pencil. You can also use painters tape to create clean lines and sections if
needed. Begin painting the mural from top to bottom, using larger brushes for details. Once the mural is completely dry,
remove any painters tape gently. Consider applying a clear varnish or sealant over the mural to protect it from dust and damage and to ensure it lasts longer. About the Amerisleep Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases, the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer two adjustable bed bases and the Adjustable Bed+While we offer 
massagers. Headboard brackets are also available for purchase for anyone who wishes to use a compatible headboard. With the tap of a button on a wireless remote, the adjustable bed moves to accommodate your wishes. You can sit up to read a book or raise your legs to relieve pressure. The head and foot can be elevated by using the remote, a
phone app, or voice commands through Amazon Alexa or Google Home. Thats right, the Adjustable Bed+ can make your smart home setup complete. The beds wall glide engineering technology ensures you dont move away from your nightstand even as you sit up. Instead, the mattress moves back, keeping your body firmly in place and the headboard
from hitting the wall. A non-skid surface and a retainer bar ensure the mattress stays in place. Our Adjustable Bed+ is available in twin XL, queen, king, California king, and split king sizes. You can pair the base with most upholstered bed frames and set the beds height to 9, 12, or 15 inches. We include a 10-year warranty with every Adjustable Bed+
frame. Frequently Asked Questions Do adjustable bases and mattresses can flex with an adjustable base without any damage. However, a traditional innerspring mattresses can have its springs
damaged when its used with an adjustable base. Similarly, air mattresses may develop a puncture or feel uncomfortable if paired with an adjustable frame. Should you sleep in the zero-gravity position? Yes, sleeping in the zero-gravity position? Yes, sleeping in the zero-gravity position is one of the best ways to relieve pressure on the body. A zero-gravity position? Yes, sleeping in the zero-gravity position?
eases tension on the hips, and lowers pressure on the back. However, this doesnt mean sleeping on a flat bed is unhealthy. You can experiment and find what works best for you. Is it okay to sleep with your legs elevated? Yes, sleeping with your legs elevated? Yes, sleeping with your legs elevated can even improve your blood circulation. Elevating your knees can also reduce pressure on
your lower back, decreasing your chances of back pain. You can raise your legs with an adjustable base or a wedge pillow. Can you store things under an adjustable bed? Yes, most adjustable base than a traditional frame because
they can lift the mattress for easier access. However, if your adjustable base includes under-bed lighting, stored items may block the light. Whats the worst sleeping position is lying on your spine out of its
neutral alignment. You can minimize the chances of sinkage by shopping for a firm mattress for stomach sleeping. Conclusion Attaching a headboard can help you dress up an adjustable base, but its not the only way to make a bedroom look beautiful. Some people may prefer to use a floating or free-standing headboard. Others may choose to forgo
tradition and leave out the headboard all together. Theres no right or wrong way to decorate a bedroom, as long as the ultimate result promotes a relaxing nights rest. Key Takeaways Check for Headboard Brackets: Not all adjustable bed frames come with headboard brackets, so the first step is to determine if your frame has them. If not, you can
usually purchase a headboard bracket kit compatible with your bed frame separately. These kits typically include brackets have drilled holes for attaching the headboard with bolts, while hook-on brackets
have specific slots for hooks. You can choose the bracket type that suits your preference. Follow Installation Steps: To attach the headboard, prepare your workspace, secure the brackets to ensure alignment, and finally, attach the headboard using appropriate bolts. Make
sure there is enough clearance space between the headboard and the mattress, especially if you have small children to prevent entrapment. For many shoppers, headboards are a necessary part of the bedroom, even as many bed frame designs have moved away from them. People often want to make their adjustable base and bedroom look more
beautiful with a headboard. However, they may not know how to attach a traditional headboard to an adjustable frame like an adjustable frame. Sleep In Luxury Shop the Adjustable Frame for a Headboard BracketNot every adjustable base.
includes a headboard bracket. So the first step is to see if your adjustable frame has headboard bracket, that doesn't mean you can usually find this information
by checking the adjustable beds instructions or reaching out to the manufacturers customer service. A headboard bracket kit usually comes with: Bracket to the base. A headboard bracket kit typically lacks the bolts needed to attach the
headboard to the base. These bolts often come with the headboard, although you need to check if the diameter of the headboard bracket. Does that mean youre ready to install a headboard? Not quite, because you also have to check what kind of
headboard bracket it is. There are bolt-on and hook-on designs. A bolt-on bracket has drilled holes. A hook-on bracket has specific slots for hooks. The typical bracket lets you maneuver a bolt through the hole to attach it to the headboard. The holes diameter determines what size bolt you need for a secure attachment. Naturally, if you purchase a
headboard bracket, youll be able to decide which of these setups you prefer. 3. Prepare the WorkspaceMost likely, youll be attaching the head makes attachment easier. You will also want to make sure you have your
tools and headboard kit at hand. Finally, you might want to enlist a second person to provide a helping hand and make it easier to line up parts and secure the headboard. Attach the BracketsThe specifics of adding brackets to your adjustable base can vary slightly. Most of them will follow this generic outline: Secure the headboard bracket channels
to the base, then attach the headboard bracket flange to the bracket so that theyre 1 to 2 inches away from the edge of the bed. This gives the mattress clearance space, ensuring it doesn't rub against the headboard as the adjustable base moves. Finally, tighten the bolts with a wrench, securing the brackets and
flanges. Always double-check the instructions to see if theres any variation on these steps. 5. Measure the distance between the headboards mounting holes. This step ensures that
everything is lined up correctly. If they arent even with each other, you need to slide the flanges until they do match up and re-secure the bolts. Attach the Headboard point is they do match up and re-secure the bolts. Attach the Headboard point is lined up correctly. If they arent even with each other, you need to slide the flanges until they do match up and re-secure the bolts. Attach the Headboard point is lined up correctly. If they arent even with each other, you need to slide the flanges until they do match up and re-secure the bolts.
place. Youre done now, right? Not quite, as the true last step is to lower the adjustable bed back to its flat position. This allows you to double-check you left 1 to 2 inches of clearance space between the headboard and the base for the mattress. If you have small children, you also want to double-check that there are no more than 1 to 3 inches of space
between the mattress surface and the bottom of the headboard. If the gap is too large, they may become trapped between the headboard and the mattress when the bed is in the flat position. What About Floating and Free-Standing Headboard to the adjustable base, some people prefer to attach the headboard to
the wall. Hence the term floating headboard. Wall-mounting a headboard means it doesnt need to match the size of your adjustable base system. Plus, floating headboard mounts for a wall include: Heavy-duty picture frame mounts fire mounts french cleats If you have a
favorite headboard you want to turn into a wall ornament, there are a few steps to follow: Use a level to draw a horizontal line on the wall. Use the headboard will go. Use a stud finder to locate the studs along this line. Attach brackets to the wall where the headboard will go. Use a stud finder to locate the studs along this line. Attach brackets to the wall.
floating headboards, free-standing headboards are not attached to a bed frame. Unlike floating headboards or cubby holes are free-standing headboards with shelves or cubby holes are free-standing headboards with shelves or cubby holes are free-standing headboards. Usually, you can mount a free-standing headboards on their own. For example, many headboards or cubby holes are free-standing headboards with shelves or cubby holes are free-standing headboards.
to use the headboard. This type of headboard is good for people who want a no-fuss decor piece with easy assembly. Do I Need a Headboard were once a way to keep heads warm by protecting them from drafts. However, that function has become
less important as home heating systems and insulation have improved. Some people also use headboards to keep their pillows on the bed. For a few shoppers, a headboard may be a simple matter of aesthetics. If their bedroom is filled with traditional decorative pieces of furniture and they we used a bed skirt with an adjustable bed, they may choose to
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complete their bedrooms look and feel with a headboard can also help you wrangle your pillows into place. The headboard will act as a physical barrier that prevents pillows from sliding down and getting lost behind the bed, especially when the bed is adjusted to an inclined position. The headboard provides stability and support, keeping

too.Ultimately, youre the only one qualified to decide if a headboard is something you need.DIY Headboard wall MuralA great budget bedroom makeover idea is to bypass the usual physical headboard mural on a

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wall can be a fun and creative project to add a unique touch to your bedroom descr. First, decide on the mural design you want for your headboard. Consider the size and shape of the headboard area and choose a design that complements your rooms. Chore the surrounding description of the property of the

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